

December

2023



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
27 Cereal Banana Milk ^{1*}	28 Hard Boiled Egg ² Pancake ¹²³⁶ Pineapple Milk ^{1*}	29 Whole Wheat Pita Bread ³⁶ Cream Cheese ¹ Melon Milk ^{1*}	30 Oatmeal ¹ Raisins Orange Milk ^{1*}	01 Cereal Melon Milk ^{1*}
04 Cereal Orange Milk ^{1*}	05 Chicken Sausage Patty Pancake ¹²³⁶ Melon Milk ^{1*}	06 Yogurt ¹ Banana Milk ^{1*}	07 Oatmeal ¹ Raisins Pineapple Milk ^{1*}	08 Cereal Melon Milk ^{1*}
11 Cereal Orange Milk ^{1*}	12 Hard Boiled Egg ² Whole wheat bread ³⁶ Banana Milk ^{1*}	13 Whole Wheat Pita Bread ³⁶ Cream Cheese ¹ Melon Milk ^{1*}	14 Oatmeal ¹ Raisins Pineapple Milk ^{1*}	15 Cereal Melon Milk ^{1*}
18 Cereal Orange Milk ^{1*}	19 Turkey Sausage Patty Whole grain waffle ¹²³⁶ Banana Milk ^{1*}	20 Yogurt ¹ Melon Milk ^{1*}	21 Oatmeal ¹ Raisins Pineapple Milk ^{1*}	22 Cereal Melon Milk ^{1*}
25	26	27	28	29
CLOSED				

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils

*Milk: 1 yr-old children (Unflavored Whole Milk)
2-5 yrs-old (Unflavored 1% Milk)

This institution is an equal opportunity provider

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
27 Lentils w/ carrots & spinach ⁷ Brown rice Apple Milk* ¹	28 Chicken Alfredo w/ ww pasta & broccoli ¹³ Green Salad Melon Milk* ¹	29 Beef Fried Rice w/ peas & carrots ⁶ Cucumbers Orange Milk* ¹	30 Chicken Stir Fry w/ green beans ⁶ Green Salad Barley/Quinoa ³ Pineapple Milk* ¹	01 Ethiopian Chickpeas w/ carrots & spinach ⁵ Brown rice Banana Milk* ¹
04 Black Beans ⁵ Green Salad Brown rice Apple Milk* ¹	05 Beef Bolognese Whole wheat pasta ³ Orange Milk* ¹	06 Beef Stir Fry w/ zucchini ⁶ Barley & Quinoa ³ Banana Milk* ¹	07 Chicken Pesto Pasta w/ tomatoes, cheese & spinach ¹³ Green Salad Pineapple Milk* ¹	08 Chicken Legs ⁶ Peas & carrots Whole Wheat Roll ³⁶ Melon Milk* ¹
11 Garbanzo Fried Rice w/ peas & carrots ⁵⁶ Green Salad Apple Milk* ¹	12 Baked ww ziti pasta w/ beef, cheese & diced tomatoes ¹³ Cucumbers Melon Milk* ¹	13 Lentils w/ carrots & spinach ⁷ Brown rice Pineapple Milk* ¹	14 Beef & corn tacos w/ tomatoes Lettuce & cheese ¹ Whole wheat tortilla ³⁶ Orange Milk* ¹	15 Chicken Legs ⁶ Corn Whole Wheat Roll ³⁶ Melon Milk* ¹
18 Mac & cheese ¹³ Green Salad Apple Milk* ¹	19 Chicken Stir Fry w/ green beans ⁶ Brown rice Banana Milk* ¹	20 Chicken Ratatouille w/zucchini,peppers & tomatoes Barley & Quinoa ³ Orange Milk* ¹	21 Black Beans ⁵ Green Salad Brown rice Melon Milk* ¹	22 Beef Fried Rice w/ peas & carrots ⁶ Cucumbers Pineapple Milk* ¹
25	26	27	28	29

CLOSED

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¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils

Green: Local Products

*Milk: 1 yr-old children (Unflavored Whole Milk)

2-5 yrs-old (Unflavored 1% Milk)

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Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
27 WW Graham Crackers ³⁶ Pineapple	28 Yogurt ¹ Orange	29 Apple Muffin ¹²³⁶ Melon	30 WW Honey Graham Crackers ³⁶ Strawberries	01 String Cheese ¹ Banana
04 WW Graham Crackers ³⁶ Pineapple	05 String Cheese ¹ Melon	06 Pretzels ³⁶ Orange	07 Apple Muffin ¹²³⁶ Banana	08 WW Honey Graham Crackers ³⁶ Melon
11 WW Graham Crackers ³⁶ Pineapple	12 Yogurt ¹ Banana	13 String Cheese ¹ Melon	14 WW Goldfish ¹³ Orange	15 Apple Muffin ¹²³⁶ Melon
18 String Cheese ¹ Banana	19 WW Graham Crackers ³⁶ Pineapple	20 Pretzels ³⁶ Pear	21 WW Goldfish ¹³ Melon	22 WW Honey Graham Crackers ³⁶ Orange
25	26	27	28	29
CLOSED				

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Snack