

June

2022



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
30 CLOSED	31 Cereal Banana Milk ^{1*}	01 Hard Boiled Eggs ² Pancake ¹²³⁶ Pineapple Milk ^{1*}	02 Yogurt ¹ Melon Milk ^{1*}	03 Oatmeal ¹ Raisins Orange Milk ^{1*}
06 Cereal Orange Milk ^{1*}	07 Turkey Sausage Patty Pancake ¹²³⁶ Pineapple Milk ^{1*}	08 Yogurt ¹ Melon Milk ^{1*}	09 Oatmeal ¹ Orange Milk ^{1*}	10 Cereal Orange Milk ^{1*}
13 Cereal Banana Milk ^{1*}	14 Hard Boiled Eggs ² Whole wheat bread ³⁶ Melon Milk ^{1*}	15 Whole Wheat Pita Bread ³⁶ Low-fat Cream Cheese ¹ Orange Milk ^{1*}	16 Oatmeal ¹ Melon Milk ^{1*}	17 Cereal Pineapple Milk ^{1*}
20 CLOSED	21 Cereal Orange Milk ^{1*}	22 Turkey Sausage Patty Whole grain waffle ¹²³⁶ Banano Milk ^{1*}	23 Yogurt ¹ Pineapple Milk ^{1*}	24 Oatmeal ¹ Raisins Melon Milk ^{1*}
27 Cereal Orange Milk ^{1*}	28 Hard Boiled Eggs ² Pancake ¹²³⁶ Banana Milk ^{1*}	29 Whole Wheat Pita Bread ³⁶ Provolone Cheese ¹ Melon Milk ^{1*}	30 Oatmeal ¹ Pineapple Milk ^{1*}	01 Cereal Melon Milk ^{1*}

Notes: This menu is subject to change


Green: Local Products

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils

*Milk: 1 yr-old children (Unflavored Whole Milk)
2-5 yrs-old (Unflavored 1% Milk)

This institution is an equal opportunity provider

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
30 CLOSED	31 Garbanzo Fried Rice w/ peas & carrots ⁵⁶ Green Salad Orange Milk* ¹	01 Pasta Penne w/ beef, cheese & tomatoes ¹³ Cucumbers Melon Milk* ¹	02 Chicken Paella w/ green beans Green Salad Banana Milk* ¹	03 Enchiladas w/ black beans, tomatoes, cheese & ww tortilla ¹³⁵⁶ Strawberries Milk* ¹
06 Vegetarian Bolognesa w/ Diced Tomatoes ⁷ Whole Wheat Pasta ³ Apple Milk* ¹	07 Beef Fried Rice w/ peas & carrots ⁶ Cucumbers Pineapple Milk* ¹	08 Chicken Lime & Cilantro ⁶ Broccoli Whole Wheat Roll ³⁶ Melon Milk* ¹	09 Spanish Tortilla ¹² Coleslaw Ww pita bread ³⁶ Orange Milk* ¹	10 Arroz con gandules and beef ⁵ Green Salad Melon Milk* ¹
13 Baked Macaroni & cheese ¹³ Broccoli Apple Milk* ¹	14 Chicken Tinga w/ corn Green Salad Ww pita bread ³⁶ Pineapple Milk* ¹	15 Deconstructed stuffed peppers with beef Brown rice Melon Milk* ¹	16 Chicken Terriyaki w/ carrots & celery ⁶ Barley&Quinoa ³ Strawberries Milk* ¹	17 WW Pasta salad w/ feta cheese and tomatoes ¹³ Baby Carrots Banana Milk* ¹
20 CLOSED	21 Lentils w/ carrots & spinach ⁷ Brown rice Apple Milk* ¹	22 Meatloaf w/ peas & carrots Whole Wheat bread ³⁶ Melon Milk* ¹	23 International Day 	24 Tuna Fried Rice w/ peas & carrots ⁴⁶ Green Salad Strawberries Milk* ¹
27 Black Beans ⁵ Brown rice Green Salad Apple Milk* ¹	28 Chicken Stir Fry w/ green beans ⁶ Barley/Quinoa ³ Banana Milk* ¹	29 Chicken Legs Broccoli Whole Wheat Roll ³⁶ Piña Milk* ¹	30 WW Pasta w/ white beans & zucchini ³⁵ Cucumbers Orange Milk* ¹	01 Open Faced Hamburger Lettuce, tomato & cheese ¹ WW bread ³⁶ Strawberries Milk* ¹

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Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
30 CLOSED	31 WG Goldfish ¹³ Pineapple	01 Cheese ¹ Banana	02 WW Animal Crackers ³⁶ Orange	03 Yogurt ¹ Strawberries
06 WG Cheez it crackers ¹³⁶ Melon	07 WG Goldfish ¹³ Orange	08 Bread with Cheese ¹³⁶	09 WW Animal Crackers ³⁶ Pineapple	10 Yogurt ¹ Banana
13 Pretzels ³ Melon	14 Graham Crackers ³⁶ Banana	15 Bread with Cheese and Turkey Ham ¹³⁶	16 Apple Muffin ¹²³⁶ Melon	17 WG Goldfis ¹³ Strawberries
20 CLOSED	21 WG Cheez it crackers ¹³⁶ Banana	22 Cheese ¹ Pineapple	23 Graham Crackers ³⁶ Orange	24 Bread with Cheese ¹³⁶
27 Cheese ¹ Banana	28 WG Cheez it crackers ¹³⁶ Orange	29 Yogurt ¹ Melon	30 Apple Muffin ¹²³⁶ Pineapple	01 Graham Crackers ³⁶ Strawberries

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Snack