

# April

# 2022



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
28 Cereal  Banana Milk <sup>1*</sup>	29 Turkey Sausage Patty  Whole grain waffle <sup>1236</sup>  Pineapple Milk <sup>1*</sup>	30  Yogurt <sup>1</sup>  Melon Milk <sup>1*</sup>	31  Oatmeal <sup>1</sup> Raisins  Orange Milk <sup>1*</sup>	01  Cereal  Melon Milk <sup>1*</sup>
04 Cereal  Banana Milk <sup>1*</sup>	05 Turkey Sausage Patty  Pancake <sup>1236</sup>  Pineapple Milk <sup>1*</sup>	06 Whole Wheat Pita Bread <sup>36</sup> Low-fat Cream Cheese <sup>1</sup>  Melon Milk <sup>1*</sup>	07 Oatmeal <sup>1</sup> Raisins  Orange Milk <sup>1*</sup>	08 Cereal  Orange Milk <sup>1*</sup>
11 Cereal  Banana Milk <sup>1*</sup>	12 Hard Boiled Eggs <sup>2</sup>  Whole wheat bread <sup>36</sup>  Melon Milk <sup>1*</sup>	13 Whole Wheat Pita Bread <sup>36</sup> Low-fat Cream Cheese <sup>1</sup>  Orange Milk <sup>1*</sup>	14 Oatmeal <sup>1</sup> Raisins  Melon Milk <sup>1*</sup>	15 <b>CLOSED</b>
18 Cereal  Orange Milk <sup>1*</sup>	19 Turkey Sausage Patty  Whole grain waffle <sup>1236</sup>  Banano Milk <sup>1*</sup>	20 Yogurt <sup>1</sup>  Pineapple Milk <sup>1*</sup>	21 Oatmeal <sup>1</sup> Raisins  Melon Milk <sup>1*</sup>	22 Cereal  Melon Milk <sup>1*</sup>
25 Cereal  Banana Milk <sup>1*</sup>	26 Hard Boiled Eggs <sup>2</sup>  Pancake <sup>1236</sup>  Orange Milk <sup>1*</sup>	27 Whole Wheat Pita Bread <sup>36</sup> Low-fat Cream Cheese <sup>1</sup>  Melon Milk <sup>1*</sup>	28 Oatmeal <sup>1</sup> Raisins  Pineapple Milk <sup>1*</sup>	29 Cereal  Melon Milk <sup>1*</sup>

**Notes: This menu is subject to change**

Green: Local Products

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup> Lentils

\*Milk: 1 yr-old children (Unflavored Whole Milk)  
2-5 yrs-old (Unflavored 1% Milk)

*This institution is an equal opportunity provider*

# Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
28 Garbanzo Fried Rice w/ peas & carrots <sup>56</sup> Cucumber Salad Brown Rice Apple Milk* <sup>1</sup>	29 Chicken and Vegetables Lo Mein <sup>36</sup> Green Salad Orange Milk* <sup>1</sup>	30 Bean Tacos <sup>5</sup> Lettuce and Cheese <sup>1</sup> Whole Wheat Tortilla <sup>36</sup> Pineapple Milk* <sup>1</sup>	31 Chicken Stew w/ <sup>6</sup> Zucchini and Carrots Quinoa/ Barley <sup>3</sup> Melon Milk* <sup>1</sup>	01 Beef Bolognesa w/ Diced Tomatoes Whole Wheat Pasta <sup>3</sup> Banana Milk* <sup>1</sup>
04 Lentils w/ carrots & spinach <sup>7</sup> Brown rice Apple Leche * <sup>1</sup>	05 Turkey meat balls w/ diced tomatoes <sup>1236</sup> WW pasta <sup>3</sup> Green Salad Pineapple Milk* <sup>1</sup>	06 Chicken Legs <sup>6</sup> Broccoli Whole Wheat Roll <sup>36</sup> Melon Milk* <sup>1</sup>	07 Spanish Tortilla <sup>12</sup> Cucumber & tomato salad Whole Wheat Roll <sup>36</sup> Orange Milk* <sup>1</sup>	08 Chicken Paella w/ Green Beans Brown Rice Melon Milk* <sup>1</sup>
11 Black Beans <sup>5</sup> Green Salad Apple Milk* <sup>1</sup>	12 Chicken Legs <sup>6</sup> Broccoli Whole Wheat Roll <sup>36</sup> Pineapple Milk* <sup>1</sup>	13 Chicken Pesto Pata w/ tomatoes, cheese & spinach <sup>13</sup> Green Salad Melon Milk* <sup>1</sup>	14 Moroccan beef w/ garbanzo & tomatoes <sup>5</sup> Brown rice Melon Milk* <sup>1</sup>	15 <b>CLOSED</b>
18 Lentils w/ carrots & spinach <sup>7</sup> Brown rice Apple Milk* <sup>1</sup>	19 Beef Bolognesa w/ Diced Tomatoes Whole Wheat Pasta <sup>3</sup> Melon Milk* <sup>1</sup>	20 Chicken Legs <sup>6</sup> Broccoli Whole Wheat Roll <sup>36</sup> Orange Milk* <sup>1</sup>	21 Chicken Alfredo <sup>1</sup> Green Salad Brown rice Banana Milk* <sup>1</sup>	22 <b>Earth Day</b> 
25 Garbanzo Fried Rice w/ peas & carrots <sup>5</sup> Green Salad Brown Rice Apple Milk* <sup>1</sup>	26 Baked Penne Pasta <sup>13</sup> Beef ,Cheese w/ Diced Tomatoes Green Salad Whole Wheat Pasta <sup>3</sup> Melon Milk* <sup>1</sup>	27 Bean Tacos <sup>5</sup> Lettuce and Cheese <sup>1</sup> Whole Wheat Tortilla <sup>36</sup> Banana Milk* <sup>1</sup>	28 Chicken Stew w/ <sup>6</sup> Zucchini and Carrots Quinoa/ Barley <sup>3</sup> Pineapple Milk* <sup>1</sup>	29 Tuna Casserole w/peas & carrots <sup>134</sup> Green Salad Orange Milk* <sup>1</sup>

**Notes: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup> Lent

Green: Local Products

\*Milk: 1 yr-old children (Unflavored Whole Milk)

2-5 yrs-old (Unflavored 1% Milk)

# Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
28 WG Goldfish <sup>13</sup> Pineapple	29 Cheese <sup>1</sup> Banana	30 WW Animal Crackers <sup>36</sup> Orange	31 Yogurt <sup>1</sup> Melon	01 Apple Muffin <sup>1236</sup> Melon
04 Graham Crackers <sup>36</sup> Melon	05 WG Goldfish <sup>13</sup> Orange	06 Bread with Cheese <sup>136</sup>	07 WW Animal Crackers <sup>36</sup> Pineapple	08 Yogurt <sup>1</sup> Banana
11 Pretzels <sup>3</sup> Melon	12 Graham Crackers <sup>36</sup> Banana	13 Bread with Cheese and Turkey Ham <sup>136</sup>	14 Apple Muffin <sup>1236</sup> Melon	15 <b>CLOSED</b>
18 WG Cheez it crackers <sup>136</sup> Banana	19 Cheese <sup>1</sup> Pineapple	20 Graham Crackers <sup>36</sup> Orange	21 Bread with Cheese <sup>136</sup>	22 Yogurt <sup>1</sup> Melon
25 WG Goldfish <sup>13</sup> Melon	26 Cheese <sup>1</sup> Banana	27 WG Cheez it crackers <sup>136</sup> Orange	28 Yogurt <sup>1</sup> Melon	29 Apple Muffin <sup>1236</sup> Pineapple

**Notes: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy

# Snack