

# August

# 2022



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
01 Cereal  Banana Milk <sup>1*</sup>	02 Hard Boiled Eggs <sup>2</sup>  Pancake <sup>1236</sup>  Pineapple Milk <sup>1*</sup>	03 Whole Wheat Pita Bread <sup>36</sup>  Provolone Cheese <sup>1</sup>  Melon Milk <sup>1*</sup>	04   Oatmeal <sup>1</sup>  Orange Milk <sup>1*</sup>	05   Cereal  Melon Milk <sup>1*</sup>
08 Cereal  Banana Milk <sup>1*</sup>	09 Turkey Sausage Patty  Pancake <sup>1236</sup>  Pineapple Milk <sup>1*</sup>	10 Whole Wheat Pita Bread <sup>36</sup>  Low-fat Cream Cheese <sup>1</sup>  Melon Milk <sup>1*</sup>	11   Oatmeal <sup>1</sup>  Orange Milk <sup>1*</sup>	12   Oatmeal <sup>1</sup>  Orange Milk <sup>1*</sup>
16 Cereal  Banana Milk <sup>1*</sup>	17 Hard Boiled Eggs <sup>2</sup>  Whole wheat bread <sup>36</sup>  Melon Milk <sup>1*</sup>	18 Whole Wheat Pita Bread <sup>36</sup>  Provolone Cheese <sup>1</sup>  Orange Milk <sup>1*</sup>	19   Oatmeal <sup>1</sup>  Melon Milk <sup>1*</sup>	20   Cereal  Banana Milk <sup>1*</sup>
22 <b>CLOSED</b>	23 <b>CLOSED</b>	24 <b>CLOSED</b>	25   Oatmeal <sup>1</sup>  Orange Milk <sup>1*</sup>	26   Cereal  Melon Milk <sup>1*</sup>
29 Cereal  Banana Milk <sup>1*</sup>	30 Hard Boiled Eggs <sup>2</sup>  Pancake <sup>1236</sup>  Orange Milk <sup>1*</sup>	31 Whole Wheat Pita Bread <sup>36</sup>  Low-fat Cream Cheese <sup>1</sup>  Melon Milk <sup>1*</sup>	01   Oatmeal <sup>1</sup>  Pineapple Milk <sup>1*</sup>	02   Cereal  Melon Milk <sup>1*</sup>

**Notes: This menu is subject to change**

Green: Local Products

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup>Lentils

\*Milk: 1 yr-old children (Unflavored Whole Milk)  
2-5 yrs-old (Unflavored 1% Milk)

*This institution is an equal opportunity provider*

# Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
01 Black Beans <sup>5</sup> Green Salad Brown rice Apple Milk* <sup>1</sup>	02 Chicken Stir Fry w/ green beans Barley & Quinoa <sup>3</sup> Melon Milk* <sup>1</sup>	03 Beef & corn tacos Lettuce & cheese <sup>1</sup> Whole wheat tortilla <sup>36</sup> Watermelon Milk* <sup>1</sup>	04 Chicken Legs <sup>6</sup> Broccoli Whole Wheat Roll <sup>36</sup> Strawberries Milk* <sup>1</sup>	05 Beef Bolognesa w/ diced tomatoes Whole wheat pasta <sup>3</sup> Orange Milk* <sup>1</sup>
08 Lentils w/ carrots & spinach <sup>7</sup> Brown rice Apple Milk* <sup>1</sup>	09 Chicken Alfredo <sup>1</sup> Broccoli Whole wheat pasta <sup>3</sup> Orange Milk* <sup>1</sup>	10 Spanish Tortilla <sup>12</sup> Coleslaw Ww pita bread <sup>36</sup> Pineapple Milk* <sup>1</sup>	11 Beef w/ Fried rice w/ peas & carrots <sup>6</sup> Green Salad Watermelon Milk* <sup>1</sup>	12 Whole wheat pasta w/ white beans & zucchini <sup>35</sup> Cucumbers Melon Milk* <sup>1</sup>
15 Baked Mac & cheese w/ broccoli <sup>13</sup> Green Salad Apple Milk* <sup>1</sup>	16 Chicken Legs <sup>6</sup> Broccoli Whole Wheat Roll <sup>36</sup> Strawberries Milk* <sup>1</sup>	17 Beef & corn tacos Lettuce & cheese <sup>1</sup> Whole wheat tortilla <sup>36</sup> Pineapple Milk* <sup>1</sup>	18 Garbanzo w/ Fried rice w/ peas & carrots <sup>56</sup> Orange Milk* <sup>1</sup>	19 Chicken Pesto Pata w/ tomatoes, cheese & spinach <sup>13</sup> Green Salad Watermelon Milk* <sup>1</sup>
22 Closed	23 Closed	24 Closed	25 Lentil Vegetarian Bolognese <sup>7</sup> Whole wheat pasta <sup>3</sup> Watermelon Milk* <sup>1</sup>	26 Chicken Fried Rice w/ peas & carrots <sup>6</sup> Green Salad Strawberries Milk* <sup>1</sup>
29 Black Beans <sup>5</sup> Ensalda verde Arroz integral Apple Milk* <sup>1</sup>	30 Baked Penne Pasta w/ beef, cheese & diced tomatoes <sup>13</sup> Cucumbers Melon Milk* <sup>1</sup>	31 Chicken Legs <sup>6</sup> Broccoli Whole Wheat Roll <sup>36</sup> Pineapple Milk* <sup>1</sup>	01 Garbanzo Fried Rice w/ peas & carrots <sup>56</sup> Green Salad Watermelon Milk* <sup>1</sup>	02 Beef Bolognesa w/ diced tomatoes Whole wheat pasta <sup>3</sup> Orange Milk* <sup>1</sup>

**Notes: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup>Lent

Green: Local Products

\*Milk: 1 yr-old children (Unflavored Whole Milk)

2-5 yrs-old (Unflavored 1% Milk)

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# Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
01 WG Cheez it crackers <sup>136</sup> Melon	02 WG Goldfish <sup>13</sup> Pineapple	03 Cheese <sup>1</sup> Banana	04 WW Animal Crackers <sup>36</sup> Orange	05 Yogurt <sup>1</sup> Strawberries
08 WG Goldfish <sup>13</sup> Orange	09 Bread with Cheese <sup>136</sup>	10 WW Animal Crackers <sup>36</sup> Pineapple	11 Yogurt <sup>1</sup> Banana	12 Cheese <sup>1</sup> Banana
15 Pretzels <sup>36</sup> Melon	16 Graham Crackers <sup>36</sup> Banana	17 Bread with Cheese and Turkey Ham <sup>136</sup>	18 Apple Muffin <sup>1236</sup> Melon	19 WG Goldfish <sup>13</sup> Strawberries
22 <b>CLOSED</b>	23 <b>CLOSED</b>	24 <b>CLOSED</b>	25 WG Cheez it crackers <sup>136</sup> Melon	26 WW Animal Crackers <sup>36</sup> Pineapple
29 Cheese <sup>1</sup> Banana	30 Pretzels <sup>36</sup> Orange	31 Yogurt <sup>1</sup> Melon	01 Apple Muffin <sup>1236</sup> Pineapple	02 Graham Crackers <sup>36</sup> Strawberries

**Notes: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy

# Snack